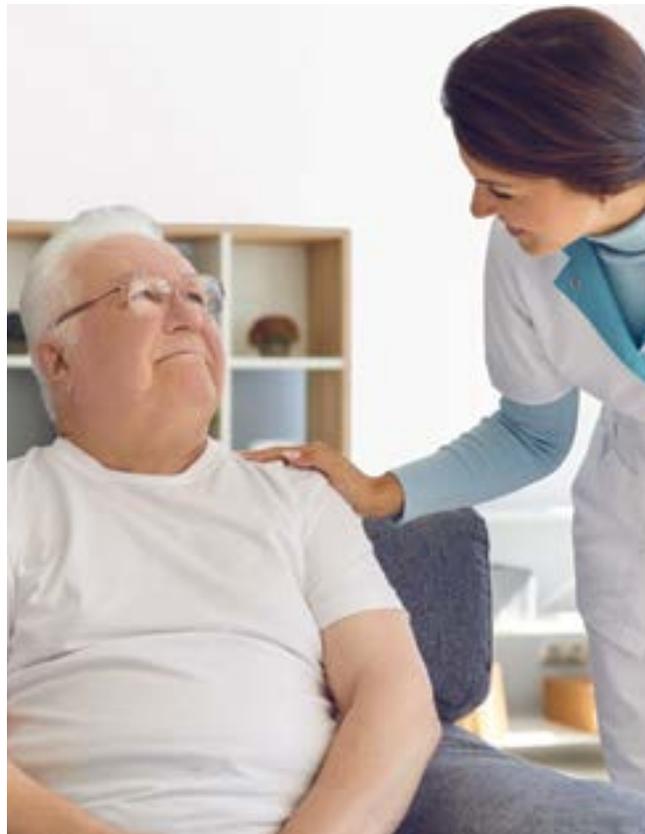


Contact your local  
**Primary Care Provider**  
 to schedule your  
**Annual Wellness Visit**  
**208-852-2900**



*“The dedicated time that a Wellness Visit affords is invaluable in establishing the roadmap for patient care, giving the provider and the patient the plan for the way forward in treating and preventing illness.”*

*-Dr. Avery Jeffers*



47 N 1st East Preston, ID 83263  
 208-852-2900 | [fcmc.org/willowvalley](http://fcmc.org/willowvalley)



**ANNUAL WELLNESS VISIT**

A PROACTIVE APPROACH TO  
 YOUR CONTINUED HEALTH



## WHAT IS AN ANNUAL WELLNESS VISIT (AWV)?

An Annual Wellness Visit is a time that is protected and dedicated to you and your health care team to review your recommended preventive health services. This helps your primary care provider (PCP) work with you to create a personalized prevention plan for your ultimate health. Your team will go over:

- Risks to your health, function, safety.
- Emotional well-being.
- Social support.
- Economical considerations.
- Your health care values and wishes.

All of this plays into your goals and how your team can help you meet them.

## HOW DOES THIS WORK?

You will have an opportunity to talk directly with a member of your PCP's team who will help gather your information so that you and your PCP can spend more time addressing your overall care plan.

## IS THIS REQUIRED?

Absolutely not. Your care is just that: your care and we believe in patient choice.

## HOWEVER

We highly encourage you to take advantage of this covered service.

## WHY?

- It helps your entire care team to completely understand your risks, concerns, resources and goals.
- Your team can create a personalized screening check-list and schedule.
- In the long-run, annual visits such as this are shown to decrease hospital visits. Your care team does this by working with you and managing your conditions at home versus in the Emergency Department.
- **It's 100% covered by Medicare—so there is no cost to you.**

## WORKING TOGETHER

We work very closely with the Patient Quality Alliance and their team to ensure we deliver world-class care to all of our patients throughout Southeast Idaho. So when you go to see a PCP, you are actually part of an entire network of physicians and other care team members, all pulling together to deliver exceptional care at the lowest possible cost. Annual Wellness visits help us, and you, achieve that goal.



**FRANKLIN COUNTY**  
**FC**  **MC**  
**MEDICAL CENTER**